



## **Peak Cardiology, P.A.**

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CARDIOLOGY

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### **INSTRUCTIONS FOR TRANSESOPHAGEAL ECHOCARDIOGRAM**

**APPT DATE:** \_\_\_\_\_ **TIME:** \_\_\_\_\_

**LOCATION:** Wake Med Cary/Rex hospital

#### **PURPOSE OF THE PROCEDURE**

- ♥ TEE is a special ultrasound performed through your food pipe to take better pictures of back portions of your heart. This will allow better evaluation of the valves and also to make sure there is no clot in your heart.
- ♥ After placing IV catheter, you will be given a mild sedation via IV and your mouth will be numbed with a liquid solution.
- ♥ A thin rubber tube will be placed in your mouth and you will be asked to swallow slowly.
- ♥ You will be monitored continuously with EKG monitoring and blood pressure.
- ♥ Nurse, physician and ultrasound technologist will be with you throughout the procedure.

#### **PRIOR TO THE TEST:**

- ♥ **You may have nothing to eat or drink for at least 8 hours prior to your procedure.**
- ♥ **The morning of your procedure you SHOULD take all of your usual medications including your blood thinners if you are on.**
- ♥ **Have a driver available to take you home after the procedure** due to sedative medications given during the procedure.
- ♥ You will probably stay in the hospital for about an hour following your procedure. You will be able to eat and drink as tolerated once your throat is no longer numb. You might have mild throat soreness that will go away over the next few days.

**Please call the office at any time if you have questions or concerns in order to avoid delays or postponements. 919-363-6060**